INTERNATIONAL ASSOCIATION OF
STEM CELL & REGENERATIVE MEDICINE

ONE-YEAR HYBRID FELLOWSHIP · INTAKES EVERY FEBRUARY & AUGUST

Anti-Ageing, Regenerative, Aesthetic & Functional Medicine

Add life to years — not just years to life.

An evidence-based fellowship bridging cellular science, clinical practice and original research — for physicians shaping the future of longevity medicine.

www.iasrmglobal.org info@iasrmglobal.org +91 98104 18415

Knowledge & Research Partner and Event Organiser: Stemmax Research & Therapeutics Pvt Ltd

Welcome to the Fellowship

Why this programme exists

Anti-ageing and regenerative medicine sit at the fastest-growing edge of clinical practice — spanning cellular biology, aesthetics, endocrinology and functional health. Yet structured, rigorous training in this space remains rare.

IASRM designed this fellowship to close that gap: a disciplined, evidence-based pathway that combines a year of guided online learning, sixteen days of supervised hands-on training in New Delhi, one-to-one mentorship, and a mandatory original research paper.

A FELLOWSHIP BUILT ON

- Cellular & regenerative science
- Real clinical application
- One-to-one mentorship, not only teaching
- Original research & publication
- An IASRM Fellowship credential

10+
years of IASRM education

20+
global faculty leaders

16
days of hands-on training

1
paper submitted for peer review

01

THE NEED OF THE HOUR

Why Now

People are living longer than ever. The question medicine must now answer is whether they live well.

The Need of the Hour

The world is ageing faster than medicine is adapting

1 in 6

people worldwide will be aged 60 or over by 2030

WHO, Ageing & Health fact sheet

2.1 bn

people aged 60+ expected by 2050 — double the 2020 figure

WHO, Ageing & Health fact sheet

9.6 yrs

average gap between lifespan and healthspan — years lived in poor health

Garmany et al., JAMA Netw Open, 2024

75%

of non-pandemic deaths are caused by noncommunicable diseases

WHO, NCD fact sheet (2021 data)

20%+

of India's population will be aged 60+ by 2050, double today's share

UNFPA, India Ageing Report 2023

We have added years to life. The next task — for every physician — is to add life to those years.

Lifespan Is Not Healthspan

The years medicine has added are not always healthy years



Birth — Global average gap between lifespan and healthspan (Garmany et al., JAMA Netw Open, 2024) — End of life

Those years are not a statistic. They are a mother who can no longer climb the stairs to her grandchildren, a surgeon forced to retire early, a mind that forgets the names it loved. Longevity medicine exists to help win those years back.

TRADITIONAL SICK-CARE

- Waits for symptoms, then treats disease
- Measures the average patient
- Manages decline

LONGEVITY & REGENERATIVE MEDICINE

- Measures biological age and risk years ahead
- Personalises prevention to one patient
- Uses evidence-based regenerative approaches to restore function

A Global Shift Toward Healthspan

Scientists, physicians and public health voices worldwide are converging on four ideas

Proactive Medicine

Act years before disease appears — with special focus on the four big chronic killers: heart disease, cancer, neurodegeneration and metabolic disease.

TAUGHT IN → PILLARS 2 & 6

Ageing as Biology

Ageing is increasingly studied as a modifiable biological process — from epigenetic change and cellular senescence to mitochondrial decline.

TAUGHT IN → PILLARS 1 & 3

Measure, Don't Guess

Biomarkers, biological-age clocks, imaging and wearables turn healthspan into something that can be tracked and improved.

TAUGHT IN → PILLARS 1 & 6

Daily Life as Medicine

Sleep, light, movement, nutrition and stress are now seen as the foundation on which every advanced therapy rests.

TAUGHT IN → PILLARS 5 & 6

THE COMMON MESSAGE Measure early ◆ Prevent, don't just treat ◆ Lifestyle is the foundation ◆ Use advanced therapies only with evidence

Why This Training Is Essential

Your patients have already heard about longevity. They need a doctor who truly understands it.

THE GAP IN PRACTICE TODAY

- Medical training focuses on treating disease — rarely on extending healthy years.
- Patients arrive with wearable data, lab panels and questions about peptides, NAD+ and stem cells.
- The market is crowded with bold claims, unproven products and unsupervised procedures.
- Regulation of cell-based and regenerative therapies is complex and still evolving.

WHAT THIS FELLOWSHIP GIVES YOU

Evidence literacy
Separate science from hype, therapy by therapy.

Supervised hands-on skill
16 days of real procedures under demonstrating faculty.

Ethics & regulation
Practise safely within your registration and the law.

Research capability
Design, run and publish your own study.

A sustainable practice model
Build longevity services patients trust and return to.

02

WHO WE ARE

The IASRM Community

A global community of 3,000+ doctors, researchers, academicians and industry leaders — trained & connected across every continent.



The IASRM Journey

From a founding vision to a global regenerative medicine community

01

A Founding Vision

IASRM was founded to unite stem cell science, regenerative medicine and clinical practice under one rigorous, education-first association.

02

A Congress Legacy

Built on the Longevity & Regenerative Medicine conferences its founder has run since 2014 — today the Longevity Revolution World Congress.

03

Expanding Education

Structured practitioner programmes — masterclasses, certification courses and fellowships — built to professionalise the field.

04

A Global Network

Physicians, researchers and scientists across continents, united around shared standards of evidence-based regenerative care.

05

This Fellowship

An established, recurring programme and IASRM's most comprehensive training pathway — now opening a new batch.

06

Mentorship at the Core

Every fellow is guided one-to-one by IASRM faculty from enrolment to publication.

A Global Community

The network every fellow joins — for life

3,000+

doctors, researchers, academicians and industry leaders — trained & connected through IASRM, from every continent.

10+
years of IASRM education

20+
global faculty leaders

AMERICAS

USA · Mexico · Latin America

MIDDLE EAST & NORTH AFRICA

GCC · Saudi Arabia · Oman · Iraq · Jordan · MENA region

EUROPE

Italy · Poland · Serbia · Romania · Hungary · Czech Republic · Slovakia · Lithuania

ASIA-PACIFIC

India · China · Philippines · Indonesia · Malaysia

Fellows join faculty, alumni and congress delegates across these regions — and continue the conversation long after graduation.

Collaborations, Partners & Ecosystem

The clinical, academic and scientific partnerships behind your fellowship year — and the IASRM platforms you join

CLINICAL COLLABORATION · HANDS-ON VENUE

Sunrise Hospital, Delhi

NABH-accredited hospital with a clinical collaboration MOU with IASRM; venue for every hands-on session.

CLINICAL COLLABORATIONS

Carewell Medical Centre, Delhi · NewLife Surgery

Clinical collaborations that extend IASRM's practice-based learning network.

INDUSTRY–ACADEMIA COLLABORATION

Sharda University, Agra

MOU with Stemmax Research & Therapeutics for research, training and academic development.

KNOWLEDGE, RESEARCH & EVENT PARTNER

Stemmax Research & Therapeutics Pvt Ltd

Organises and manages IASRM courses, fellowships and congresses.

INDO–LATAM SCIENTIFIC COLLABORATION

SOLAGEF

Sociedad Latinoamericana de Ginecología Estética y Funcional — President Dr Marco Gaxiola Cueto; Past President Dr Adrian Gaspar.

INDO–PHILIPPINES SCIENTIFIC COLLABORATION

PSRM

Philippine Society for Regenerative Medicine — President Dr Quincy Raya; Vice President Dr Daryl J Dumdum.

VIDEO LEARNING PARTNER

GyNflix (USA)

Curated aesthetic gynaecology surgical video library (registration charged separately).

CONGRESS PLATFORM

Longevity Revolution World Congress

IASRM's annual world congress — fellows participate at a reduced rate.

THE IASRM ECOSYSTEM

LONGEVITY REVOLUTION™

THE HEALTHSPAN STANDARD™

Longevity Revolution
Journal of Longevity & Regenerative Medicine

AYUVA™

The IASRM Fellowship is designed and awarded by IASRM. Collaborations cover the areas stated above; partner institutions do not by themselves accredit or award the fellowship.



Prabhu Chandra Mishra

Founder President, IASRM

Running the Longevity & Regenerative Medicine conferences since 2014

A MESSAGE FROM THE FOUNDER

Founder's Message

Regenerative medicine is no longer the future of healthcare — it is fast becoming its present. As the boundaries between ageing, disease and cellular biology blur, the physicians who understand this science deeply will define the next era of clinical practice.

This fellowship was built with that future in mind. It is designed not merely to teach protocols, but to build a generation of practitioners who can think, research and innovate across the full scope of anti-ageing, regenerative and functional medicine — with the evidence and ethics the field demands.

I look forward to welcoming you into the IASRM community — as a fellow, a researcher and a colleague shaping the future of this field with us.

— Prabhu Chandra Mishra

ABOUT THE FOUNDER

PhD Researcher in Biotechnology (Stem Cell & Regenerative Medicine), Sharda University · 40+ research publications · Author of *Regenerative Intelligence*, *BIOREBOOT* and *Rewire* · TEDx speaker · Scientific Advisor, Philippines Society of Regenerative Medicine

Programme Snapshot

The essentials, at a glance

DURATION

1 Year

Intakes every February & August

TEACHING MODE

Hybrid

Online Fri/Sun 8–10 PM IST + in-person

HANDS-ON TRAINING

16 Days

4 sessions × 4 days · min. 1 mandatory

RESEARCH OUTPUT

1 Paper

Mandatory peer-reviewed submission

FELLOWSHIP FEE

₹4,50,000

+ 18% GST · International: USD 5,500

ON COMPLETION

IASRM Fellowship

Certification

ELIGIBILITY

Who Should Apply

Designed for practising medical professionals. Seats are limited to keep hands-on training and mentorship personal.

01 MBBS / MD / MS physicians seeking structured training in regenerative and longevity medicine

02 Gynaecologists, dermatologists and aesthetic physicians expanding into functional and regenerative practice

03 General practitioners and family physicians building an anti-ageing and preventive-health practice

04 Clinicians already offering stem cell, PRP or aesthetic procedures who want a research-backed foundation

05 Physician-entrepreneurs planning to launch or scale a regenerative or longevity clinic

Fellowship Leadership

The scientific and organisational leadership guiding the programme



SCIENTIFIC CHAIRMAN

Dr Red M Alinsod

USA



SCIENTIFIC CO-CHAIRMAN

Dr Adrian Gaspar

Argentina



FOUNDER PRESIDENT

Prabhu Chandra Mishra

IASRM · India



VICE PRESIDENT

Dr Martha Gabriela Serrano

Senior Faculty · Mexico

Supported by a faculty of 20+ global leaders in regenerative, longevity, aesthetic and functional medicine, with IASRM mentors across the globe.

IASRM Executive Council

Office bearers and Executive Committee supporting the fellowship and the association · 2027–2029



ASSOCIATE VICE PRESIDENT

Dr Nahla El Awady

MD · Senior Faculty
United Arab Emirates



GENERAL SECRETARY

Dr Yukti Wadhawan

MD



JOINT SECRETARY

Dr Noha Salah

MD · Senior Faculty
Cairo, Egypt



JOINT SECRETARY

Dr Neharika Malhotra

MD · India

EXECUTIVE COMMITTEE · 2027–2029

Dr Nasreen Siddiqui	Dr Yogita Gautam	Dr Moumita Nandy	Dr Sanjana Botcha	Dr Rashmitha Valmiki	Dr Sandeep Bhasin
MD	MD	PhD	MBBS	MBBS	MS

President: Prabhu Chandra Mishra · Vice-President: Dr Martha Gabriela Serrano Ramos · Assistant Vice President: Dr Swagata Baishya

Scientific Board

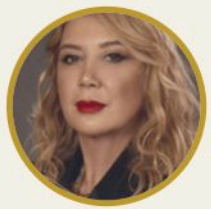
International scientific advisors supporting the fellowship curriculum



SCIENTIFIC ADVISOR

Dr Anna Peca

UK



SCIENTIFIC ADVISOR

Dr Annalisa Calisti

Italy



SCIENTIFIC ADVISOR

Dr Daryl Joel C. Dumdum

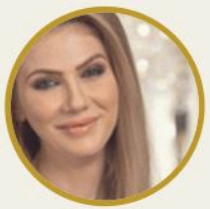
Philippines



SCIENTIFIC ADVISOR

Dr Ihsan Naimat

Jordan



SCIENTIFIC ADVISOR

Dr Veronica Stanciu

Romania

ALSO ON THE IASRM SCIENTIFIC COMMITTEE · 2027–2029

Padma Shri awardee Dr Manjula Anagani · Dr Ksenija Selih Martinec · Dr Marco Gaxiola Cueto · Dr Doaa Saleh · Dr Gaurav Narad · Dr Cosmina Brummer · Dr Ljubiša Grujic

Clinical Faculty & Demonstrators

Hands-on mentorship throughout every training session



SENIOR FACULTY

Dr Sandeep Bhasin



CLINICAL FACULTY & DEMONSTRATOR

Dr Nasreen Siddiqui



CLINICAL FACULTY & DEMONSTRATOR

Dr Arpit Bansal



CLINICAL FACULTY & DEMONSTRATOR

Dr Nikita Trehan



CLINICAL FACULTY & DEMONSTRATOR

Dr Rahul Kumar



CLINICAL FACULTY & DEMONSTRATOR

Dr Prateek Singh

SMALL GROUPS

Every hands-on session is taught by demonstrating faculty, with supervised practice in small groups.

03

WHAT YOU WILL LEARN

The Curriculum

Six pillars. One purpose: more good years for every patient you see.

Curriculum Framework

Six pillars, taught across the full fellowship year

1

PILLAR 1

Foundational Science & Biomarkers of Longevity

Ageing biology, healthspan, gerotherapeutics, and how to measure biological age.

2

PILLAR 2

Disease-Specific Clinical Tracks

Prevention and treatment across the major age-related disease systems.

3

PILLAR 3

Cellular & Regenerative Therapeutics

Stem cells, BMAC, SVF, PRP, exosomes, peptides, BHRT and senotherapeutics.

4

PILLAR 4

Advanced Modalities, Practice & Ethics

Devices, chambers, IV therapy, regenerative aesthetics, AI, regulation and practice building.

5

PILLAR 5

Precision Nutrition & Intimate Health

Nutrigenomics, nutraceuticals, NAD+ therapies, and sexual & intimate health.

6

PILLAR 6

Lifestyle Medicine, Performance & Practice

Exercise, sleep, mind–body longevity, diagnostics and building a longevity practice.

Pillar 1 — Foundational Science & Biomarkers

Understanding why we age, and how to measure and manage it

Ageing: Causes & Management

Hallmarks and mechanisms of ageing, disease progression, and evidence-based management strategies.

Lifespan vs Healthspan

Years lived versus years lived in good health — and designing care around healthspan extension.

Biomarkers in Ageing

Epigenetic clocks, telomere biology, senescence (SASP) markers and a personalised biological-age dashboard.

Gerotherapeutics

Pharmacological and interventional strategies that target the biological drivers of ageing itself.

Longevity Basics & Demographics

Principles of a modern longevity practice — risk stratification, protocol design, patient pathways — and population ageing trends.

Endocrinology of Ageing

Hormonal regulation, age-related endocrine decline, and endocrine-targeted interventions.

Gut Microbiome & the Longevity Axis

Gut–brain–immune crosstalk, dysbiosis, inflammaging and microbiome-directed strategies.

Mitochondrial Medicine

Mitochondrial biogenesis, oxidative stress, NAD+ metabolism and restoring cellular energy.

Pillar 2 — Disease-Specific Clinical Tracks

Organ-system tracks with a prevention-first, regenerative lens

Cardiovascular Disease

Diagnostics, prevention and therapeutic interventions in age-related heart and vascular disease.

Cancer Biology & Risk

Epidemiology, screening, assessment and risk-factor evaluation in oncology.

Cognitive Decline & Neurodegeneration

Diagnosis, prevention and treatment of age-related cognitive impairment.

Diabetes, Metabolic Syndrome & Obesity

Diagnosis, prevention and treatment across metabolic disease, including newer incretin-based therapies.

Respiratory Diseases

Diagnosis, prevention and treatment of age-related respiratory conditions.

Musculoskeletal Disease & Sarcopenia

Degenerative joint, bone and muscle disease — prevention and regenerative management.

Skin Ageing

Assessment and therapeutic interventions for cutaneous ageing.

Reproductive & Ovarian Ageing

Menopause, premature ovarian insufficiency, thin endometrium and andropause — regenerative approaches.

Pillar 3 — Cellular & Regenerative Therapeutics

From bench principles to bedside protocols

Stem Cells & Cellular Therapies

MSCs, haematopoietic stem cells and iPSC — biology, evidence, regulatory status and responsible clinical integration.

Autologous Point-of-Care Therapies

Bone marrow aspirate concentrate (BMAC), stromal vascular fraction (SVF), nanofat and microfat grafting.

Platelet-Rich Plasma (PRP)

Preparation protocols and applications across orthopaedics, aesthetics, hair restoration and sexual wellness.

Exosomes & Secretomes

Secretome science, growth factors and cell-free regenerative treatment platforms.

Tissue Engineering, Gene Editing & CAR-T

Scaffolds, genome-editing tools and CAR-T cell therapy — the frontier of regenerative practice.

Epigenetics, Senolytics & Senomorphics

Gene-expression modulation and senotherapeutic compounds that clear or quiet senescent cells.

Bioidentical Hormone Replacement (BHRT)

Testing protocols, dosing frameworks and safe integration within a regenerative care plan.

Peptide Therapies

Evidence, regulatory status and safety of BPC-157, TB-500, KPV, MOTS-c, Semax, Epitalon and related peptides.

Pillar 4 — Advanced Modalities, Practice & Ethics

Devices, technologies, regulation and case-based practice building

Energy-Based Devices

RF, HIFU, focused ultrasound and laser platforms for regenerative aesthetics and tissue remodelling.

Hyperbaric Oxygen Therapy (HBOT)

Mechanism of action, tissue repair and cognitive-longevity protocols.

Red Light & Photobiomodulation

Cellular mechanisms and clinical applications for skin, pain and mitochondrial support.

Longevity Chambers & Technologies

Cryotherapy, intermittent hypoxia–hyperoxia, infrared sauna and PEMF — evidence and protocols.

Nutritional IV Therapies

Vitamin and micronutrient infusion protocols within a longevity plan.

Regenerative Aesthetics

Face, hair, skin and intimate aesthetic procedures — invasive and non-invasive.

AI & Wearables in Longevity Practice

Precision algorithms and continuous biometric data translated into clinical protocols.

Regulation, Ethics & Case-Based Practice

Informed consent, regulatory frameworks for cell therapies, structured case discussions and capstone presentations.

Pillar 5 — Precision Nutrition & Intimate Health

Personalised nutrition science and dedicated sexual & intimate health training

Nutrigenomics

Genetic and nutrigenomic testing to personalise metabolic and longevity protocols.

Longevity Nutrition & Fasting

Evidence-based dietary patterns, time-restricted eating and fasting-mimicking strategies.

Nutraceuticals

Evidence-based supplementation strategies supporting cellular health and healthy ageing.

NAD+ Therapies

NAD+ infusion and oral precursor protocols to restore mitochondrial and cellular energy.

Sexual & Intimate Health

Diagnosis and management of erectile dysfunction, vaginismus, female sexual dysfunction and related conditions.

Aesthetic Gynaecology — Video Learning

Curated surgical video library accessed through GyNflix (registration charged separately).

Pillar 6 — Lifestyle Medicine, Performance & Practice

The daily foundations of longevity — and the skills to build a practice around them

Exercise as Medicine

VO2max, zone-2 training, strength and power — prescribing exercise to prevent frailty and sarcopenia.

Sleep & Circadian Medicine

Sleep architecture, light exposure, melatonin rhythm and chronotherapy for repair and cognition.

Mind–Body & Vedic Longevity

Stress physiology, yoga, pranayama, meditation and Ayurveda-informed daily routines.

Behaviour Change & Health Coaching

Motivational interviewing and habit design so patients actually follow the protocol.

Advanced Longevity Diagnostics

CGM, DEXA, VO2max testing, whole-body imaging and multi-omics — what to order and how to read it.

Purpose, Connection & Blue Zones

Social connection, meaning and community — lessons from the world's longest-lived populations.

Longevity Programmes & Retreats

Designing structured longevity programmes, retreats and membership models.

Building a Longevity Clinic

Service design, patient journeys, pricing, ethical marketing and team building.

Clinical Deep-Dive Tracks

Where the curriculum goes deepest — the therapies patients ask about most

BHRT for Women & Men

Oestradiol, progesterone, testosterone, DHEA and thyroid — testing, dosing, monitoring and safety.

Peptide Therapeutics

BPC-157, TB-500, GHK-Cu, thymosin, MOTS-c, Epitalon — evidence, regulatory status by country and safety.

Regenerative Hair Restoration

PRP, exosomes and combination protocols for androgenetic alopecia.

Regenerative Orthopaedics

PRP, BMAC and orthobiologics for joints, tendons and sports injuries.

Regenerative Gynaecology & Fertility

Autologous therapies for premature ovarian insufficiency and thin endometrium.

Men's Sexual & Regenerative Health

Erectile dysfunction, low-intensity shockwave and regenerative options.

Weight & Metabolic Longevity

GLP-1 therapies, body composition and muscle preservation.

Longevity Pharmacology

Metformin, rapamycin and senolytics — what the evidence does and does not show.

IASRM Signature Protocols

Original, trademarked regenerative protocols developed within the IASRM ecosystem — taught as clinical frameworks

O-Cell® Protocol

Autologous regenerative protocol for ovarian rejuvenation — premature ovarian insufficiency and thin endometrium.

hd-PRP Intimashot®

High-density platelet-rich plasma protocol for intimate and functional gynaecology.

SVF-Adipocell®

Adipose-derived stromal vascular fraction protocol — harvest, processing and point-of-care application.

Intimacell®

Cell-based regenerative protocol for intimate and functional health.

Amfill®

Regenerative protocol built on amniotic fluid and amniotic membrane.

VLift®

Vaginal lifting with threads and hyaluronic acid.

NICG-Intimate Makeover®

Non-invasive cosmetic gynaecology — a structured intimate rejuvenation programme.

...and more, including 1Lyours®

Each protocol is taught with its evidence base, patient selection, safety and regulatory context.

Protocols are taught for education. IASRM teaches methods, not products; fellows apply them only within their own medical registration and the regulations of their jurisdiction.

04

HOW YOU WILL LEARN

Your Fellowship Year

Learn online. Train with your hands. Publish your own work. Join a community for life.

A Hybrid Learning Model

Structured online learning, anchored by in-person clinical immersion

ONLINE COMPONENT

Learn through the year

- Live lectures on Friday or Sunday, 8:00–10:00 PM IST
- Occasional 6-hour Sunday sessions, announced in advance
- Recorded sessions for flexible, self-paced review
- Case discussions, journal clubs and module assessments

IN-PERSON COMPONENT

Train with your hands

- 4 hands-on sessions a year — attend at least one
- 4 consecutive days each — all four included (16 days)
- Live procedural demonstrations and supervised practice
- Direct faculty mentorship and peer case discussion

INTAKES **February** & **August** every year

Study Manual, Question Bank & Research Workbook provided to every fellow

Hands-on Training Structure

Four 4-day contact sessions across the year — attending one is mandatory, all four are included

1 **Session 1**
4 days · New Delhi

2 **Session 2**
4 days · New Delhi

3 **Session 3**
4 days · New Delhi

4 **Session 4**
4 days · New Delhi

WHAT EACH HANDS-ON SESSION COVERS

- Live procedural demonstrations & supervised technique practice
- Regenerative and aesthetic procedure workshops
- Case-based clinical postings and faculty mentorship
- Progressive skill-building toward independent practice

Signature Hands-on Skills

What you will practise and observe across the hands-on sessions in New Delhi

PRP Preparation & Applications

Face, scalp, joint and intimate-health protocols.

BMAC, SVF & Nanofat

Harvest, processing and point-of-care workflow.

Exosomes & Secretomes

Handling, application and patient selection.

IV Nutrient & NAD+ Protocols

Formulation, infusion practice and safety.

Devices & Photobiomodulation

Energy-based devices and red-light therapy.

Peptide & BHRT Protocols

Testing, dosing frameworks and monitoring.

Biological-Age Assessment

Biomarker panels, clocks and risk dashboards.

The Longevity Consultation

From first visit to a personalised care plan.

Cell-based procedures are demonstrated and practised under supervision, in line with applicable regulations.

Training Venue

Where all in-person sessions are held

SUNRISE HOSPITAL
experience • expertise • care

HANDS-ON TRAINING PARTNER

Sunrise Hospital

Kalindi Colony, New Friends Colony
New Delhi, India

All in-person hands-on training sessions across the fellowship year are conducted at this venue.

ON SITE, EVERY SESSION

- 4 consecutive days of supervised training
- Live procedural demonstrations
- Small-group practice with demonstrating faculty
- Case discussions and expert Q&A

Research & Publication

Every fellow completes original research and submits it for publication

As a mandatory component of the fellowship, every candidate identifies a research question in regenerative, anti-ageing or functional medicine, conducts a structured study under faculty mentorship, and submits one paper to a peer-reviewed journal.

01

Topic Selection

Choose a research question aligned with a core fellowship module.

02

Faculty Mentorship

Guided protocol design, ethics approval where required, data collection and analysis support.

03

Manuscript Development

Structured writing support toward a submission-ready paper.

04

Publication Submission

Paper submitted to a peer-reviewed journal to complete the fellowship.

Assessment & Certification

How fellows are evaluated across the year

01

Continuous Module Assessment

Online knowledge checks after each core curriculum module.

02

Hands-on Skills Evaluation

Supervised assessment of practical skills during the 4-day hands-on sessions you attend.

03

Research Paper Submission

Completion and submission of the mandatory paper before certification.

04

Final Fellowship Certification

Fellows who meet all requirements are awarded the IASRM Fellowship credential.

Please note: The IASRM Fellowship is an academic and professional-development credential. It does not by itself confer a licence to practise; fellows apply cellular and regenerative therapies only within their own medical registration and the regulations of their jurisdiction.

Who You Will Become

One year from now — what changes for you, and for your patients

The longevity physician patients trust

Confident conversations about biological age, prevention and regeneration.

A skilled regenerative practitioner

Real procedural competence from supervised hands-on training.

A research-active clinician

An original paper, submitted for peer review, that strengthens practice and profile.

A clinic builder

A service model for longevity care that is ethical and sustainable.

An evidence-based voice

Able to separate science from hype — for patients, peers and media.

Part of a global community

Lifelong connection to IASRM faculty, alumni and congresses.

Fellowship Benefits

What every fellow receives, beyond the curriculum

One-to-One Mentorship

Ongoing personal guidance from IASRM faculty throughout the fellowship year.

Complete Study Materials

Study Manual, Assessment & Question Bank and Research Workbook.

1-Year IASRM Associate Membership

Complimentary associate membership of IASRM for the duration of the fellowship.

Reduced-Rate Congress Participation

Discounted participation in the IASRM annual Longevity Revolution World Congress.

Research Collaboration

Access to IASRM's research network for collaborative studies and publications.

Alumni & Peer Network

Lifelong connection to a growing global community of regenerative medicine practitioners, plus the IASRM newsletter.

Fellowship Journey

How the year comes together

01	**Orientation & Foundation Modules**	Batch begins in February or August — online induction and core science modules
02	**Hands-on Session 1**	First 4-day in-person intensive at Sunrise Hospital, New Delhi
03	**Applied Modules Continue**	Ongoing online modules, case discussions & journal clubs
04	**Hands-on Sessions 2 & 3**	Two further 4-day in-person intensives
05	**Research Development**	Topic finalised, mentorship, manuscript drafted
06	**Hands-on Session 4**	Final 4-day in-person intensive
07	**Submission & Certification**	Paper submitted; IASRM Fellowship awarded

05

JOIN THE NEXT BATCH

Enrol

Your patients are already asking about longevity. Be the doctor with the answers.

Fellowship Fee

FELLOWSHIP FEE

₹4,50,000

plus 18% GST

TOTAL PAYABLE

₹5,31,000

₹4,50,000 + GST ₹81,000

PAYMENT PLAN

50% at registration	**₹2,65,500**
50% within 45 days	**₹2,65,500**

WHAT'S INCLUDED

- Full curriculum access (online + in-person)
- All 4 hands-on sessions (16 days; min. 1 mandatory)
- Research mentorship & publication support
- Study Manual, Question Bank & Research Workbook
- IASRM Fellowship certification on completion

Not included: travel and accommodation for in-person sessions; GyNflix aesthetic gynaecology video learning (registration charged separately).

Terms: All fees are non-refundable; your seat may be transferred once to a later intake beginning within 12 months. All matters are subject to the exclusive jurisdiction of the courts of Delhi, India.

International applicants: fellowship fee **USD 5,500**, payable by international (SWIFT) bank transfer; account details are shared in your offer letter.

Payment & Enrolment

Simple, secure and fully documented, from offer letter to GST invoice

01

Your offer letter

After screening you receive a personal offer letter with your seat details and the official payee account: Stemmax Research & Therapeutics Pvt Ltd.

02

Pay securely

Bank transfer (NEFT / RTGS / SWIFT) or a secure online payment link. 50% at registration to confirm your seat; 50% within 45 days.

03

Confirmation & invoice

Email your transaction reference and full name to info@iasrmglobal.org. You receive written confirmation and a GST invoice.

PAYMENT TERMS

Fee in India: ₹4,50,000 + 18% GST (₹5,31,000)

International: USD 5,500

Schedule: 50% at registration · 50% within 45 days

Policy: Non-refundable · one seat transfer within 12 months

FOR YOUR SECURITY

IASRM never asks for payment over social media or to a personal account. Before you transfer, always match the account name and number with your offer letter, or confirm by calling +91 98104 18415.

How to Apply

Limited seats — apply early to secure your place

01

Submit Application

Complete the registration form with your credentials and medical registration details.

02

Screening & Interview

Shortlisted candidates are contacted for a brief screening conversation.

03

Seat Confirmation

Pay 50% of the fee at registration to confirm your seat; the balance is due within 45 days.

04

Orientation & Onboarding

Begin with induction onto the online learning platform and receive your study materials.

IMPORTANT INFORMATION

This is an educational and professional-development programme. It does not confer a licence to practise, a university degree or specialist registration. Therapies are taught for education; many cell-based, peptide and hormone therapies are regulated differently in each country, and fellows must practise only within their own registration and local law. Clinical outcomes vary between patients and no result is guaranteed. Faculty, schedule and venue may change for reasons beyond IASRM's control. Statistics are cited from the sources named in this brochure.

Registration Form

Please provide the following details to complete your application

FULL NAME (AS ON CERTIFICATE)

EMAIL ADDRESS

WHATSAPP NUMBER

DATE OF BIRTH

HIGHEST QUALIFICATION

SPECIALISATION

MEDICAL COUNCIL & REGISTRATION NO.

YEARS IN PRACTICE

CURRENT INSTITUTE / CLINIC

CITY & COUNTRY

ADDRESS (WITH PIN CODE)

HOW DID YOU HEAR ABOUT US?

SIGNATURE

DATE

Completed forms can be emailed to info@iasrmglobal.org with a copy of your medical registration certificate.

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